

# User Manual - S11190

Premium Aluminium Transfer Bench 280kg





Transfer Bench - Premium Aluminium 280kg - Royale Medical



## **Instructions for Assembly**

- 1. Remove contents from packaging
- 2. Attach all four legs onto the side supports by using the leg pin to clip into position
- 3. Place backrest in the two holes on the rear of the bench and use pin to secure into the bench (Ensure the arm rest is on the right-hand side)



#### How to use the Transfer Bench

Place the two legs of the bench on the handled side into the bath.

When transferring onto the bench, stand with the back of your legs against the side of the bench as close to the bath as possible, and firmly place each hand on the seat, if appropriate, to ensure your body is supported and the bench is stable. Then slowly lower yourself down to sit on the edge of the bench.

Using the support of the transfer bench handle, turn your body and slowly lift your legs over the bath walls until both legs are in the bath, this can be done by lifting one leg at a time. Use the transfer bench handle and the front of the seat to slide yourself across the bench until you are seated in the middle of the bath.

When getting off the bench, using the arm rest and front of seat, slide across away from the bath. Slowly lift legs over the bath wall and position yourself on the edge of the bench with your legs close to the bath wall.

Bring your bottom to the front of the seat ensuring your feet are firmly placed flat on the floor. Place your hands on the seat of the transfer bench, if appropriate, to push yourself into standing leading with your head and shoulders.

#### **Adjusting the Height**

To adjust the leg length, press the button in and slide the leg piece up or down to the appropriate notch. Your Occupational Therapist can best advise regarding the appropriate height.









#### SWL: 280kg

• This product is designed to be used daily in the home or community setting

### **Warranty Information**

• This product comes with a 12-month comprehensive warranty

#### **Service Life of Product**

• With proper care and maintenance this product has a life expectancy of 8 years

#### **Cleaning and Maintenance**

It is recommended that the transfer bench is cleaned thoroughly with water and wiped with a clean dry cloth after use.

Gently clean with water and a mild detergent to remove any dirt or splashes. A microfiber cloth or sponge can be used to wipe over the surface of the transfer bench to dry it.

The product needs to be checked periodically (weekly or monthly) depending on use. Visually inspect the product for the following:

- 1. Is there any mold or soap scum.
- 2. Is there any visible cracks on the joints.
- 3. Are all the locking pins working.
- 4. Is there any wear and tear in the suction cap on the legs of the transfer bench.

All the replacement parts are easily available through Hero Medical Dealers