



Hero Medical Outdoor Lite Walker

USER MANUAL

Instructions for use

1. UNFOLDING THE SEAT WALKER

Grab both handles, pull outwards until the frame is half-open. Place both hands on each side of the seat and push downwards until you hear a click. *



* Aluminium walkers only

*(For Aluminium walkers please unclip the grey safety clip first to unfold)

2. BRAKE FUNCTIONALITY

To apply the handbrake pull the brake lever up. To engage the parking brake, press the brake lever down until it locks. To disengage the parking brake, pull the brake lever up.



3. ADJUSTING THE HEIGHT

To **increase** the height of the seat walker, press the red or grey button located underneath the handle. Keep pressing the button whilst simultaneously pulling the handle upwards until you reach your desired height. Release the button to lock it in place.



Red button for Carbon Fibre Walker



Grey button for Aluminium Walker

To **decrease** the height, press the red or grey button and push the handle downwards to your desired height.



**Red button for Heavy Duty Aluminium Walker

There are **6 levels** of height adjustment. Repeat process for both handles.

** (For Heavy Duty Aluminium Walker first undo the red locking clip to unlock the handles.)

4. ADJUSTING LENGTH OF THE BACKREST

Press the silver clip located near the front of the handle. Keep pressing the button whilst simultaneously pulling the end of the backrest to adjust. There are 4 levels of adjustment.



* Aluminium walkers only

5. ATTACHING AND REMOVING THE CARRY BAG

For Carbon Fibre Walker : To attach the carry bag, insert the loops at the top of the carry bag to the poles located at the front end of the seat. Apply the velcro straps to secure it to the frame. To remove the bag, undo the velcro straps and pull it out from the poles.

For Aluminium Walker : To attach the carry bag, locate the black cap at the front end of the seat. Rotate the cap anti-clockwise until it stops and pull it out. Then, insert the flap located at the top side of the bag into the pole. Put the cap back on and rotate it clockwise to lock it. Follow the same process for both sides.

Safe Work Load for bag is 5kg.

6. FOLDING THE SEAT WALKER

Pull the handle located in the middle of the seat upwards to unlock the frame. Grab both handles and push inwards to fold the seat walker.



* Aluminium walkers only

*(For Aluminium Walker : Once the walker is folded, clip the grey safety clip onto the seat frame locking the walker in place.)

7. CANE HOLDER

Carbon Fibre Walker comes with walking stick holder, which consists of 2 attachments that can be clipped onto the frame. Clip the attachment containing 3 holes, above either back wheels. Then clip the smaller attachment on the same side of the frame below the handle bars.



* (For Aluminium Walker : Cane holder is available as an additional accessory for purchase.)

