

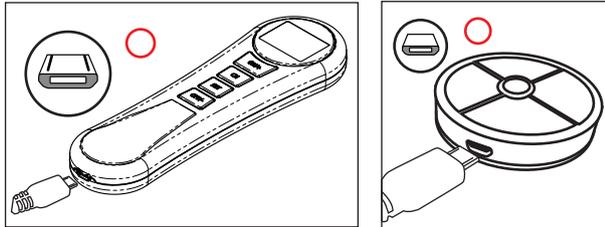
WELL-LIFE Wireless TENS/EMS Stimulator

Mode no. WR-2605A Quick-Start-Guide

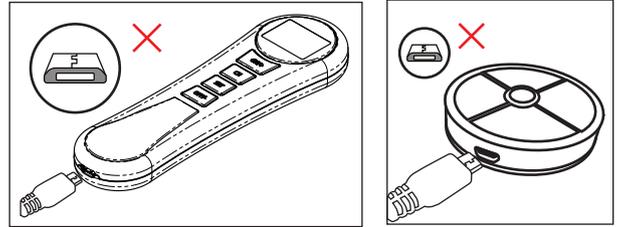
When you are very familiar with the operation of the Well-Life Wireless TENS/EMS System, use the following steps as a quick reference to operate the device.

For more information, refer to the Operation section in this guide.

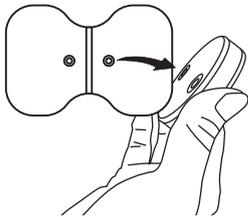
1. Charge the "Remote" and the two "Receivers" as per instructions (page 6).



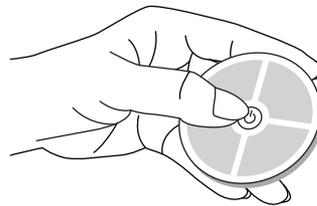
2. Be sure to plug right end to the devices as illustrated.



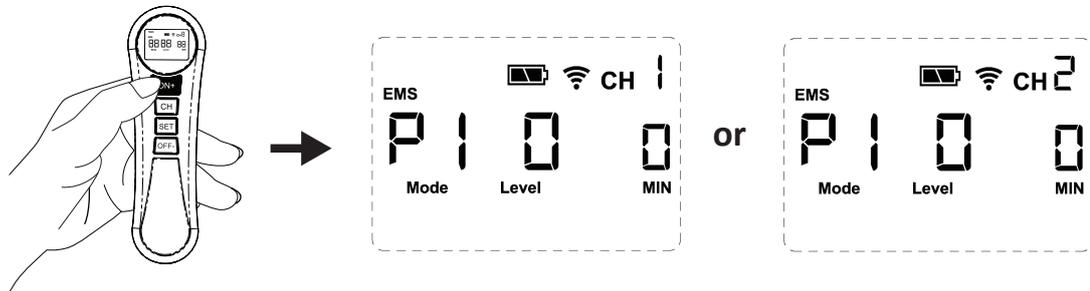
3. Attach the "Receivers" to the electrode patches as per instructions.



4. Turn "ON" the "Receiver", by pushing the Power Button (1 sec.).

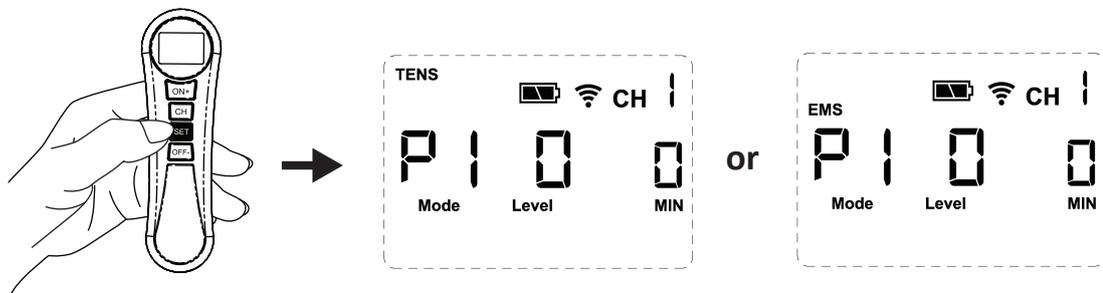


5. Turn "ON" the "Remote", the display will show any previous setting, with the paired "Receiver" channel no. CH 1 or CH 2 after a few seconds.

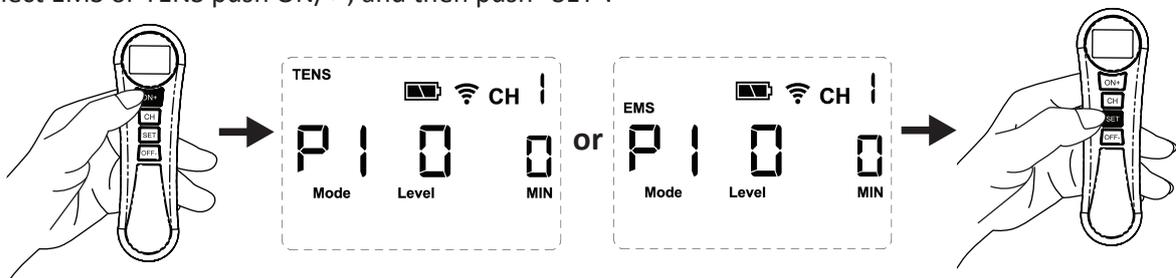


6. Place the two electrodes with receivers attached onto the body area to be treated.

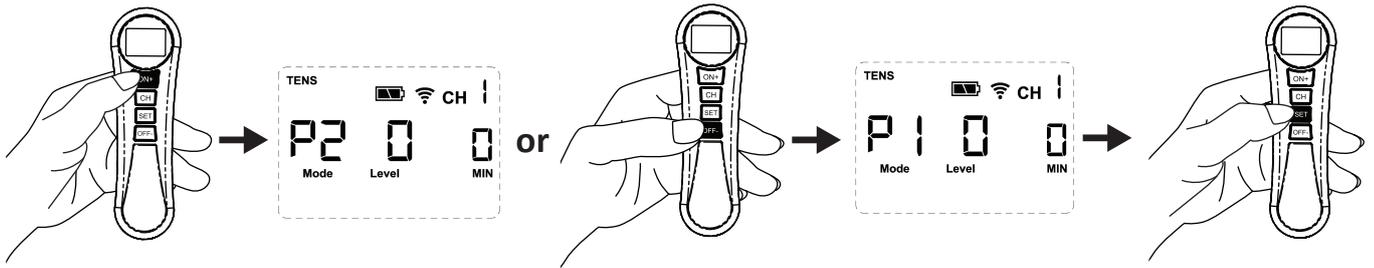
7. Push "SET" and the TENS icon or the EMS icon will blink.



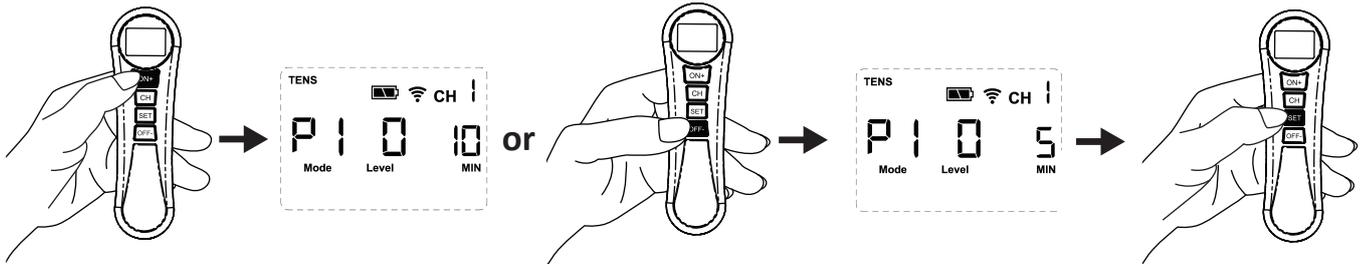
8. To select EMS or TENS push ON/+ , and then push "SET".



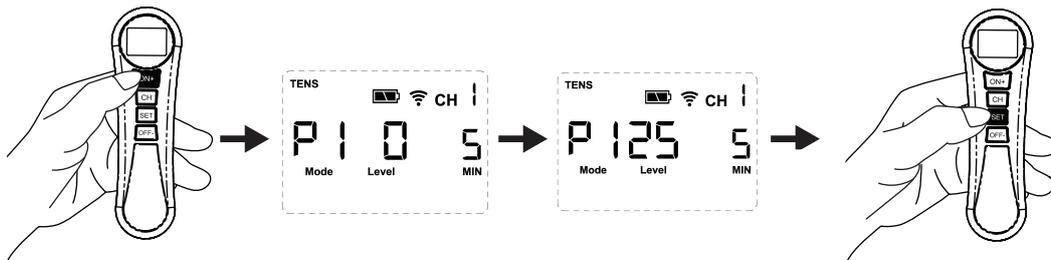
9. Now the Mode/Program icon P1, P2, P3 etc. will blink.
To select a program push ON/+ or OFF/-, and then push "SET".



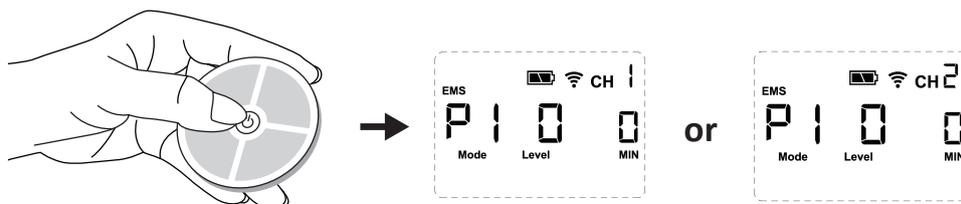
10. The time icon will now blink.
To select the stimulation time push ON/+ to increase or OFF/- to decrease the time, then push "SET".



11. The Intensity Level icon will now blink, starting at "0".
To increase the intensity push ON/+ until you feel the stimulation, then push "SET".



12. To program the second "Receiver" push the power button (1 sec.) of that one.
And wait until the channel icon switches from 1 to 2 or 2 to 1.



13. Repeat sequence from point 5 to 12.
14. Stimulation will be applied until the preset time has elapsed.
To stop the stimulation, push  the Button on each of the "Receivers" for 3 seconds.
You can turn off the "Remote" by pushing OFF/- button, or it will be automatically off after 3 minutes.
15. The "Remote" will display the chosen programming and the "Receiver" in turn until the preset time has elapsed.
For energy saving, you could push OFF/- of the "Remote" whilst all programming all set both on the receivers.
16. You may go through this programming sequence while the electrodes with receivers attached are still on the clear plastic shields on a flat surface in front of you.
17. **To maximum battery life, please charge the system every 3 months when not in use.**