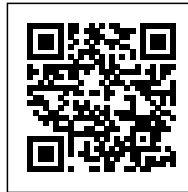




**SKU:**

## **SLEEP N REST**

Sleep n Rest is a 24-hour positioning support system that provides comfort, pressure management and stability. Manufactured by Pure Earth International, the support devices are made from buckwheat husks, which form a supportable mould once pressure is applied, holding the position, naturally. Covered in easy, wipe-clean material, the supports are a hygienic and natural alternative to foam-based products. Super soft thermoregulation covers are also available, offering the ultimate comfort and breathability.



Scan QR code to  
view product online

## PRODUCT DESCRIPTION

The system can be used to provide effective relief of pain and musculoskeletal tightness, promoting a state of relaxation and giving users a better quality of sleep and life.

The supports come in a range of sizes and shapes, and can be easily reconfigured to create multiple solutions for sleep, rest, and play.

### **Note:**

An individual assessment should be completed to ensure the right shape and size of device is used. Our physiotherapist is trained in postural assessment and can work with you to determine the most appropriate solution. Contact us for more information.

### **Standard configurations**

Supine and elevated back

- Core products: Base to suit size
- Head options: Steve's Sock, Happy sleeper, Little Dee or Big Dee
- Knee options: Locke's Leg, Ruby's Rest or Ruby's Rest Short

Side lying

- Core products: Base large, Locke's Leg, Ruby's Rest or Ruby's Rest Short
- Leg options: Bailey's Back, Steve's Sock or Bec's Neck
- Head options: Little Dee, Big Dee or Happy Sleeper

Comfy interchangeable chair

- Core products: Base Large, Base Medium, Base Small, Ruby's Rest
- Knee options: Locke's Leg, Ruby's Rest Short, Steve's Sock
- Head options: Little Dee, Bailey's Back, Bec's Neck

### **Thermoregulation covers**



Thermoregulation Covers are available to fit each positioning support. Designed to assist people who have difficulty in balancing their body temperature, these covers are natural, super soft and offer the ultimate in comfort and breathability. Easy to wash and quick drying, they are made from modal (derived from wood) and spandex, which provides multidirectional stretch. The covers are moisture-

absorbent and feel cool in summer and warm in winter.

Highly recommended when using the positioning supports, especially for those who struggle with regulating their body temperature. Also great for people with high sensory needs where added comfort and softness is needed.

