



SKU:

## **GRID FOAM ROLLER PHYSIO PILATES YOGA EXERCISE TRIGGER POINT**



**~~\$87.99~~ \$61.59**

Take your training and recovery to the next level with the grid foam roller that is now being utilised by athletes and health professionals around the world. This quality foam roller has a dense EVA cover and an ABS core making this product strong, durable and effective.



Scan QR code to  
view product online

**VARIATIONS**

Image	SKU	Price	Description	Size
	S15163	\$61.59		Large
	S15164	\$38.49		Small

## **PRODUCT DESCRIPTION**

### Key Features

- Light and ultra-portable
- Muscle isolation
- Perfect for warm ups
- Injury prevention
- Faster recovery
- Acute muscle isolation

## ADDITIONAL INFORMATION

**Brand**

ILS physio

**Diameter**

12×60.5cm (Large), 12x30cm (Small)